

Additional infant-toddler resources on guiding behavior

These resources include additional tools, information, and methods to implement the strategies you learned in this lesson. You may want to print this handout to save for future reference or to share with families, co-workers, or others in your community.

Building self-control fact sheets for children from *Zero to Three*.

- Birth to 12 months
<http://www.zerotothree.org/early-care-education/family-friend-neighbor-care/building-self-control-birth-to-12.html>
- 12 to 24 months
<http://www.zerotothree.org/early-care-education/family-friend-neighbor-care/building-self-control-12-to-36.html>
- 24 to 36 months
<http://www.zerotothree.org/early-care-education/family-friend-neighbor-care/building-self-control-24-to-36.html>

Essentials for parenting toddlers and preschoolers shares videos and information to develop positive parenting skills, from the U.S. Centers for Disease Control and Prevention.
http://www.cdc.gov/parents/essentials/?utm_source=PA+EEN%2C+May+13&utm_campaign=Build+news&utm_medium=email

Infant toddler temperament tool for families and professionals to explore the similarities and differences in temperament traits between an adult and child, from the Center for Early Childhood Mental Health Consultation.
<http://ecmhc.org/temperament/>

Nurture Them, Nurture Yourself is a four-page series from the Head Start National Center on Health to help children learn positive behaviors. <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/docs/low-literacy-nurture-english.pdf>

Understanding your child's behavior: Reading your child's cues from birth to age 2 is a guide from the Center on the Social and Emotional Foundations for Early Learning. http://csefel.vanderbilt.edu/documents/reading_cues.pdf

Responding to your child's bite is a guide about young children and biting, from the Center on the Social and Emotional Foundations for Early Learning. http://csefel.vanderbilt.edu/documents/biting-parenting_tool.pdf

Tips on temperament, a fact sheet to help families understand children's temperaments, from *Zero to Three*.
<http://www.zerotothree.org/child-development/temperament-behavior/tips-temperament.html>

Resources from Better Kid Care:

On Demand lessons:

- Avoid Behavior Problems – Teach Self-Control
- Behavior Is Contagious
- Building Relationships with Children and Youth Who Challenge Us
- Creating Special Moments with Infants and Toddlers
- Dealing with Anger – The Children’s and Yours
- Giving Children Appropriate Choices
- Move Beyond Time-Out to Responsive Caregiving
- Problem Solving with Children
- Rock Solid: Enhancing Emotional Literacy: Birth – Age Three
- See as a Child, Feel as a Child
- Understanding Temperament
- Understanding Toddlers

Research to Practice Tip pages:

- Change “No” to “Yes”
- Giving Children Choices
- Guiding infant and toddler behavior
- Hold my hand: Gentle guiding for the misguided
- I’m so mad! (Helping children deal with anger)
- Self Regulation: Searching intentional practices – Approaches
- Self Regulation: Searching intentional practices – Environment
- Temperament – What is it?