

Conscious Discipline® and CLASS® Instructional Support “Crosswalk”

“The Powers of Conscious Discipline® support the Classroom Assessment Scoring System (CLASS®) focus on interactions between teachers and children and what teachers do with the materials in the classroom.”

CLASS®- Instructional Support	X = Conscious Discipline® Matching with CLASS® Instructional Support						
	Conscious Discipline® “7 Powers” and Self-Regulation Skills						
<u>Concept Development</u>	Perception <i>Composure</i>	Attention <i>Assertiveness</i>	Unity <i>Encouragement</i>	Free Will <i>Choices</i>	Acceptance <i>Empathy</i>	Love <i>Positive Intent</i>	Intention <i>Consequences</i>
• Analysis and Reasoning		X	X				X
• Creating							X
• Integrations							X
• Connections to the Real World	X					X	X
<u>Quality of Feedback</u>	Perception <i>Composure</i>	Attention <i>Assertiveness</i>	Unity <i>Encouragement</i>	Free Will <i>Choices</i>	Acceptance <i>Empathy</i>	Love <i>Positive Intent</i>	Intention <i>Consequences</i>
• Scaffolding		X					
• Feedback Loops							
• Prompting Thought Processes		X					
• Providing Information							
• Encouragement & Affirmation	X	X	X			X	
<u>Language Modeling</u>	Perception <i>Composure</i>	Attention <i>Assertiveness</i>	Unity <i>Encouragement</i>	Free Will <i>Choices</i>	Acceptance <i>Empathy</i>	Love <i>Positive Intent</i>	Intention <i>Consequences</i>
• Frequent Conversation	X	X					X
• Open-ended Questions							X
• Repetition & Extension			X		X		
• Self & Parallel Talk		X			X		
• Advanced Language		X					

Assembled by: Angela Vierkant, Parent Aware Quality Coach & CLASS® Coach – Families First of Minnesota

- Concepts adapted from Conscious Discipline® by Dr. Becky Bailey. www.ConsciousDiscipline.com 800-842-2846
- Bailey, Rebecca Anne. Conscious Discipline® Building Resilient Classrooms. Loving Guidance, 2015.
- “Crosswalk for Conscious Discipline® and Classroom Assessment Scoring System (CLASS®).” Conscious Discipline®, Loving Guidance, LLC, 28 Apr. 2020, consciousdiscipline.com/resources/head-start-teaching-practices-and-classroom-assessment-scoring-system-class/.
- “Concept Development, Quality of Feedback, Language Modeling.” Dimensions Guide: Pre-k, CLASS®, by Robert C. Pianta, Teachstone Training, 2014, pp. 18-23.

Conscious Discipline (CD) 7 Powers

- **Power of Perception** – “No one can make you angry without your permission.”
 - **Self-Regulation Skill: Composure**
 - **Conscious Discipline Building Resilient Classrooms:** Chapter 4 (Pg. 86)
 - **CD Activities:** Friends and Family Board, Safekeeper Ritual, Brain Smart Start, Safe Place, Greeting Rituals, Goodbye Rituals
- **Power of Attention** – “Whatever you focus on you get more of.”
 - **Self-Regulation Skill: Assertiveness**
 - **Conscious Discipline Building Resilient Classrooms:** Chapter 5 (Pg. 120)
 - **CD Activities:** Visual Routines, Daily Schedules, Class Made Books
- **Power of Unity** – “We are all in this together.”
 - **Self-Regulation Skill: Encouragement**
 - **Conscious Discipline Building Resilient Classrooms:** Chapter 6 (Pg. 162)
 - **CD Activities:** Connecting Rituals, Ways to be helpful, Kindness Tree, Classroom Jobs
- **Power of Free Will** – “I am in charge of me and I’m the only person who can make myself change.”
 - **Self-Regulation Skill: Choices**
 - **Conscious Discipline Building Resilient Classrooms:** Chapter 7 (Pg. 194)
 - **CD Activities:** Visual Rules, Two Positive Choices
- **Power of Acceptance** – “The moment is as it is.”
 - **Self-Regulation Skill: Empathy**
 - **Conscious Discipline Building Resilient Classrooms:** Chapter 8 (Pg. 218)
 - **CD Activities:** We Care Center, Sophie and Shubert Books, Book: Helping My Feelings Buddies
- **Power of Love** – “I am willing to see the best in others.”
 - **Self-Regulation Skill: Positive Intent**
 - **Conscious Discipline Building Resilient Classrooms:** Chapter 9 (Pg. 254)
 - **CD Activities:** Celebration Center, Wishing Well, School Family Assemblies
- **Power of Intention** – “Mistakes are opportunities to learn.”
 - **Self-Regulation Skill: Consequences**
 - **Conscious Discipline Building Resilient Classrooms:** Chapter 10 (Pg. 286)
 - **CD Activities:** Class Meetings, Time Machine

CLASS Instructional Support

- **Concept Development** – “how teachers facilitate children’s broader understanding of concepts and ideas.”
 - **Indicators: Analysis & Reasoning, Creating, Integration, Connections to the Real World**
 - **Pre-K CLASS Dimensions Guide:** Pages 18 and 19
- **Quality of Feedback** – “describes how teachers respond to children’s efforts in ways to expand their knowledge or encourage their participation.”
 - **Indicators: Scaffolding, Feedback Loops, Prompting Through Processes, Providing Information, Encouragement & Affirmation**
 - **Pre-K CLASS Dimensions Guide:** Pages 20 and 21
- **Language Modeling** – “supporting children’s language development through teacher talk and getting children to talk.”
 - **Indicators: Frequent Conversation, Open-ended Questions, Repetition & Extension, Self & Parallel Talk, Advanced Language**
 - **Pre-K CLASS Dimensions Guide:** Pages 22 and 23

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