2023 Trainer and RBPD Specialist Symposium

MENU

Friday

Welcome reception
BBQ meatballs, gourmet cheese board, roasted tomato and almond hummus with pita and vegetables, chips and salsa

Dinner
Pasta bar: fettuccini, tortellini, marinara, alfredo, meatballs, shrimp, Italian sausage, Caesar salad, bread sticks

Dinner
Fajita bar: Black Angus steak, chicken, sauteed peppers and onions, tequila-lime shrimp, black beans, cilantro-lime rice, flour tortillas

Snack
Cookie bar with beverages

Karaoge
Pretzels and popcorn

Saturday

Breakfast
Deluxe continental breakfast: juice, coffee, tea, muffins, pastries, yogurt, sausage breakfast burrito

Lunch
Great Wall fried rice, shrimp mei fun, sweet and sour chicken, spring rolls, beef stir fry, cream cheese, wontons with sweet chili sauce

Sunday

Breakfast
Family-style breakfast: juice, coffee, tea, scrambled eggs, bacon, hash browns, muffins, pastries

Box lunch
Choice of vegetarian wrap, shaved roast beef and Swiss sandwich on ciabatta, turkey croissant sandwich, ham sandwich on ciabatta